



# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721423, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

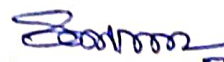
CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

This is to notify that, the Department of Physical Education is going to organize an international seminar on “Multidimensional Approach for Academic Accomplishment of Physical Education as a True Profession” in collaboration with IQAC of this college. The seminar will be held on 13<sup>th</sup> and 14<sup>th</sup> July of 2018. All the teachers and staff members are requested to present on that day and make the seminar with grand success.

Date: 6.07.2018

  
Principal 06.07

(S.K. Misra  
Principal  
Mugberia Gangadhar Mahavidyalaya





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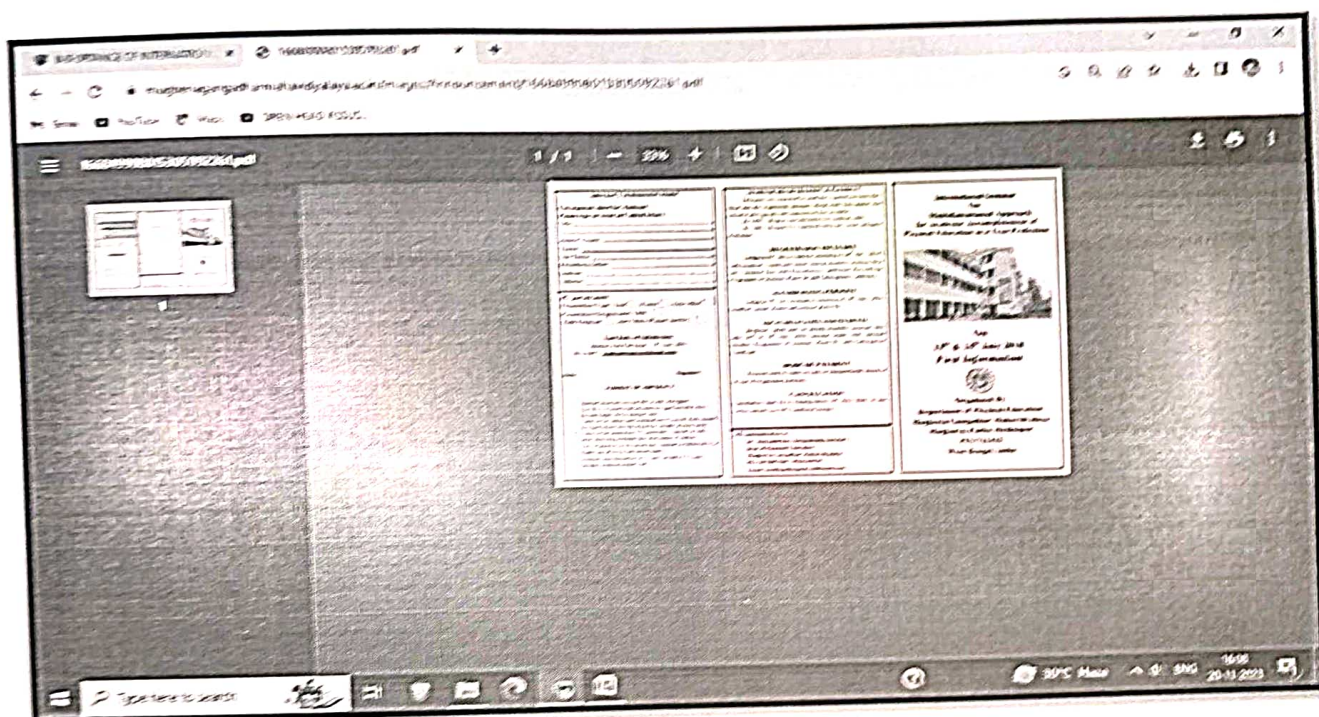
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## A BRIEF REPORT ON INTERNATIONAL SEMINAR

It is hereby notified that the Department of Physical Education BPED and MPED is going organize an “International Seminar on Multidimensional Approach for Academic Accomplishment of Physical Education as a true Profession” Organized by Dept. of Physical Education in collaboration with IQAC of the college. Dated: 13th & 14<sup>th</sup>, July, 2018.



Department of Physical Education, Mugberia Gangadhar Mahavidyalaya is going to organized an international seminar on “International Seminar on Multidimensional Approach for Academic Accomplishment of Physical Education as a true Profession” Organized by Dept. of Physical Education in





**International Seminar  
on  
Multidimensional Approach  
for Academic Accomplishment of  
Physical Education as a True Profession**

**13<sup>th</sup> & 14<sup>th</sup> July 2018**

*Organized by*  
**Department of Physical Education  
Mugberia Gangadhar Mahavidyalaya  
Mugberia, Purba Medinipur  
PIN-721425  
West Bengal, India**

*In collaboration with*  
**IQAC, Mugberia Gangadhar Mahavidyalaya**

**ABSTRACT-CUM-SOUVENIR**



**International Seminar  
on  
Multidimensional Approach  
for Academic Accomplishment of  
Physical Education as a True Profession**

**13<sup>th</sup> & 14<sup>th</sup> July 2018**

**Seminar Management Committee**

**Mugberia Gangadhar Mahavidyalaya  
Bhupatinagar, Purba Medinipur**

**ADVISORY COMMITTEE**

- Patron:** Sri Sisir Adhikary (President of G.B.)
- Chairman:** Dr. Swapan Kumar Misra (Principal)
- Members:** Dr. Swapan Kumar Sarkar, Associate Professor  
HOD Dept. of Bengali, Mugberia Gangadhar Mahavidyalaya
- Mr. Aban Kumar Tripathy, Associate professor,  
HOD Dept. of Commerce, Mugberia Gangadhar Mahavidyalaya
- Dr. Prasenjit Ghosh, Associate Professor HOD, Department of History &  
Secretary of the Teachers Council, Mugberia Gangadhar Mahavidyalaya
- Dr. Bidhan Samanta, Associate Professor  
HOD Dept. of Chemistry, Mugberia Gangadhar Mahavidyalaya
- Dr. Kallpada Maiti, Assistant Professor, HOD Dept. of Mathematics &  
Coordinator, IQAC, Mugberia Gangadhar Mahavidyalaya
- Mr. Swapan Kumar Sasmal, Librarian, Mugberia Gangadhar Mahavidyalaya





## Programme Outcomes of the seminar:

- Understand the past and present of the disciplines of history and public history by exploring their purpose, practice, and philosophy.
- Reflect on the purposes, goals, motives, of the subject.
- Understand the privileges and obligations associated with a career as a professional.
- Learn to write a scholarly book review.
- Student can exchange their views regarding physical education and other allied areas with the international expert.
- By learning and understanding the languages namely Tamil, Hindi and English, the students are able to acquire the skills to communicate fluently.
- Present day technological developments have paved a clear way to the sports performance enhancement. Hence the Foundation of Physical education is introduced to the students.
- Anatomy and Physiology are the sports science subjects deal with the structure and functions of the human body. Since, the knowledge about human body is very essential to understand the muscular and skeletal involvements of various joints, the students learn this mechanism with lot of interest to perfect the sports movements. It is useful to learn about the internal organs like heart, lungs and nervous system as they are the primary supporters of all body movements. This knowledge will assure the students the ratio of physical work and recovery.
- Health and safety education is another branch of science that gives knowledge about the personal health and safety education. The students show a lot of interest to know the meaning, principles, components of personal and community hygiene. By understanding the communicable diseases, the students are able to lead a diseases free life. As they are involved in regular physical training, safety education plays a dominant role. They also learn to be safe at home, on the play field, inside a gym and in the public. They act as health ambassadors and carry the adage namely "Prevention is better than cure"
- All students understood that Gymnastics is the mother of all sports. Hence they learn all gymnastic movements and will teach the same to the children at an early age. The process of transferring the knowledge will definitely help the children to improve sensory motor balance, neuromuscular coordination, muscular agility and joint mobility. They also learn to use different gymnastic apparatus along with the rules to use them efficiently.



- The study of foundation of yoga helps the students to understand the historical background, need and importance. This branch of knowledge helps to know the various limbs of yoga, asanas, pranayama, kriyas and bandha.
- The branch of science namely biomechanics and kinesiology deal with movements of the human body using mechanical principles. The competitive techniques of various games and sports activities demand for perfect movements. In order to enhance sports performance, it is necessary to execute the movements with accurate and appropriate body mechanics. That's why students show a great deal of importance to learn this subject. Methods of physical education deals with appropriate methods to present the scientific inputs effectively. Serious planning is required for teaching various sports techniques effectively.



Signature of HOD

HEAD

Dept. of Physical Education  
Mugheria Gangadhar Mahavidyalaya  
Bhucelinagar, Purba Medinipur, W.B.



Principal 14.07.2018

Principal

Mugheria Gangadhar Mahavidyalaya





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Name

Address

01. Kalpataru Samanta \* Vill + P.O. - Muradpur PS-Cha

02. Atanu Nanda ✓ M.G.M

03. Jonaki Biswas \* M.G.M Dept Political Science

04. Kingshuk Karan ✓ M.G.M. Dept of Education

05. Dr. Siddhartha Chatterjee. \* M.G.M. Dept. of Pol. Sci.

06. Debabrata Sanant ✓ B.M.M dept. of Ph. Ed

07. Ananda Barua ✓ Dept of Libraria. M.G.M

08. Amritendu Mandal ✓ Contai Rahamania Primary School.

09. Sambhu Manna ✓ Dept of Sanskrit, M.G.M

10. Dr. Nabakumari Ghosh ✓ Dept of Mathematics M.G.M

11. Jyoti Mitta Asst professor M.G.M

12. Prof. Ranita Baulm Dept. of English M.G.M

14.07.2018

14.07.2018

Principal

Mugheria Gangadhar Mahavidyalaya

